

ESIC HOSPITAL, ANKLESHWAR (GUJARAT)- 393002

(8th National Ayurveda Day)

Following date wise activities are done in ESIC Hospital, Ankleshwar as below mentioned: -

04/11/23 - An Ayurvedic Health camp was conducted at OPD waiting area and 23 Ips' are participated.

06/11/23 - An Awareness Health talk was taken on common plants and their Medicinal use.

07/11/23 - An Awareness talk on millets and its benefits and also on Ayurvedic aspect of millets

08/11/23 - An Ayurvedic Health check-up camp for diabetic patients.

09/11/23 - An awareness talk on Ayurveda in my kitchen theme, how to use kitchen ingredients as a medicine.

10/11/23- Health check-up camp on how to use Ayurveda in daily life.





